

40 Days 40 Causes - Mental Health in all Life Stages

Date	Organization	Mission	Website	Pray for ...
Sunday, March 1	Lutheran Haven	Provides a quality, Christ-centered haven of care to older adults, many of whom are retired LCMS pastors and church workers.	https://www.lutheranhaven.org/	Pray for the aging as they face physical decline and reliance on care facilities as well as those caring for them; pray for strength, patience and faith for all involved in the care of the elderly.
Monday, March 2	Dakota Boys ad Girls Ranch	Helps at-risk children and their families succeed in the name of Christ. Provides care, education, and support with compassion, patience, and a belief that every child deserves a chance to thrive.	https://dakotaranch.org/	Pray for at-risk children, their families, and the counselors, educators and health professionals providing for their needs with compassion, patience, and faith.
Tuesday, March 3	988 Suicide & Crisis Lifeline	Provides immediate access to mental health, substance use, and suicide prevention resources.	https://988lifeline.org/	Pray for those in crisis and contemplating suicide as well as for their families, counselors, and anyone responding to their cries for help.
Wednesday, March 4	The Shepherd's Center of Annandale-Springfield & The Shepherd's Center of Northern Virginia	Helps people age well in the place and community that they love, with enriching opportunities for lifelong learning, volunteer service, healthy living, community connections and more.	https://shepherdscenter-annandale.org/home/ & https://scnova.org/	Pray for seniors and those supporting them in maintaining a meaningful life, a level of independence, and a sense of companionship and community.
Thursday, March 5	Insight Memory Care Center (Fairfax & Sterling)	Provides quality memory and cognitive care for families living with dementia.	https://www.insightmcc.org/	Pray for those facing dementia, the families who are affected by this diagnosis, and those providing cognitive care and counseling to all affected by a dementia diagnosis.
Friday, March 6	NAMI Northern Virginia	Serves individuals, family members, and friends affected by mental health challenges through awareness, education, support, advocacy, and collaboration with community partners.	https://nami-northernvirginia.org/	Pray for those battling mental illness, their families and friends affected by their struggles, and those providing them with support in their times of need.
Saturday, March 7	Community Residences, Inc	Provides in-home and residential services to adults in Northern Virginia and Richmond living with intellectual and developmental disabilities, curating individualized plans to foster autonomy and independence.	https://mycri.org/	Pray for those with intellectual and developmental disabilities, their families and those providing support, that all lives would be considered precious, and be given the strength and faith to live their lives to the fullest.