

The Congregation at Prayer
A Guide for Daily Meditation and Prayer
For the Week of Pentecost 21
October 19-24, 2026

The Order of Meditation and Prayer

*Pray and confess out loud as much from the order of meditation and prayer as you are able,
or as your family size and ages permit. Learn by heart the verse and catechism.*

Invocation: In the Name of the Father and of the + Son and of the Holy Spirit. Amen.

Speak the Apostles' Creed.

Verse: Psalm 46:11 – *“The Lord of hosts is with us; the God of Jacob is our fortress.”*

Hymn of the Week: Lutheran Service Book #587 *“I Know My Faith Is Founded”*

Readings for the Week: *[The readings for Thursday-Saturday are the Scriptures for this coming Sunday.]*

Monday	Leviticus 19:1–2, 15–18	<i>What does it mean to be holy? How do we become holy? What does a holy life look like?</i>
Tuesday	1 Thessalonians 2:1–13	<i>Why does the Gospel have no ulterior motives? What if it did? How would this destroy its message and its power?</i>
Wednesday	Matthew 22:34–46	<i>How is Jesus David's son? How is Jesus David's Lord? How do these enable Jesus to fulfill all the Law?</i>
Thursday	Revelation 14:6–7	<i>What is the Gospel called here? Why? Why must it be?</i>
Friday	Romans 3:19–28	<i>What does the law do? So what does Jesus do? How did He do it? How do we receive it?</i>
Saturday	Matthew 11:12–19	<i>How do these verses present a clash of two kingdoms? How has this always been? How do we live in both faithfully?</i>

The Catechism – Baptism: How can water do such great things? Certainly not just water, but the word of God in and with the water does these things, along with the faith which trusts this word of God in the water. For without God's word the water is plain water and no Baptism. But with the word of God it is a Baptism, that is, a life-giving water, rich in grace, and a washing of the new birth in the Holy Spirit, as St. Paul says in Titus, chapter three: “He saved us through the washing of rebirth and renewal by the Holy Spirit, whom He poured out on us generously through Jesus Christ our Saviour, so that, having been justified by His grace, we might become heirs having the hope of eternal life. This is a trustworthy saying.” Titus 3:5-8

Collect for the Week: Almighty and gracious Lord, pour out Your Holy Spirit on Your faithful people. Keep us steadfast in Your grace and truth, protect and deliver us in times of temptation, defend us against all enemies, and grant to Your Church Your saving peace; through Jesus Christ, Your Son, our Lord. Amen.

The Prayers: Please pray for . . .

- + yourself and for all in need (remembering especially those on our prayer list).
 - + God's blessing, wisdom, and guidance for our congregation recording secretary, Caroline Trundle.
 - + Lutheran Church in Africa – Synod of Burundi, for God's wisdom, blessing, guidance, and provision.
 - + God's blessing, guidance, and provision for the Lutheran Church Extension Fund.
- Conclude with the Lord's Prayer and Luther's Morning or Evening Prayer from the Catechism.*

Now joyfully go about your day (or to bed) in good cheer, child of God!

In our prayers this week, we remember:

Terry (Pastor's friend), **Desmond** (friend of Yee-Peng), and **Dennis** (Brie's father), recovering from surgery.

Kyle, John and Billy (friends of Mike), **Kyle and Rachel** (Kyle Wright's son and daughter), **Christina** (friend of the congregation and former attender), **Tricia** (Mickey's neighbor), **Joel** (friend of the Johnsons), for continued healing and recovery.

For all with cancer, for Your strength, faith and hope, and endurance in their treatments: **Elizabeth Libby, Susan Kunkel, Susan** (Kyle's mother), **Mari** (friend of Lena), **Britton and Tim** (John's cousins), **Katie** (friend of Whitney), **Jeremy** (Jacob's brother), **Anthony** (friend of Pastor), **Erika, Brad, Rita, and Pam** (relatives and friends of Mickey), **Linda** (Mickey's sister), and **Kristi, Jerry, Adriana, and Kristen** (friends of the Killians).

Melody, Amanda, Susanna and Klara (cousin and friend of Caroline), **Adrienne** (Logan's sister), **Heather** (Melody's sister), and their babies, for safe and healthy pregnancies and deliveries.

Joseph and Joanne, Mary Ann, Barbara (Laurie's mother), and all elderly and homebound.

Suress (friend of Elizabeth), in need of a kidney transplant; and **Charlie** (Eric's friend), for health and peace.

Ava (friend of Grace Libby), **Leander, Melanie** (friend of Caroline), **Rene** (friend of Randy and TJ), **Jude and Tobias** (friends of Nancy), **Timothy** (friend of Marcus), **Kristoffer** (Lena's son), and **Jason** (friend of Elizabeth), for protection, peace, hope, strength, and faith.

Jonathan Malekzadeh, Lena, Greta (Lena's mother), **Jacque** (Mickey's sister), **Heidi** (Michael Vondal's fiancé), and **Nikki** (niece of Kathy) for strength and continued health.

The Vondal, Wing, Vigil, and Nus families for Your blessing, protection, strength, and faith.

Beth and Josh (friends of the Killians), **Sahilis** (Viviana's sister), **Scott** (friend of Scott Killian), **Thomas** (Angela's brother), **Traci** (friend of Elizabeth), **Dorothy and Mackenzie, and their families**, for unity, protection, peace, and faith.

Leslie, Dorris, and their children (from our Spanish Bible Study) for protection and faith, and for Your wisdom and guidance for the future.

Fatma (friend of our church), **Lindsey** (TJ's friend's daughter), **Suress, Huan, Joylyn, and Sandy** (friends of Elizabeth), and **Tamim and his family** (friends of the Malekzadeh family), for the gift of faith.

For our adopted missionaries: **Rev. Chris and Jenny Yang** (Taiwan), the **Wolf family** (Africa), **Rev. Rob Kieselowsky** (Philadelphia), and **Rev. Charles Ferry** (Eurasia), for blessing, provision, wisdom, and guidance.

For our seminary students: **Rowan Turner** (4th year), **Peter Ventimiglia** (2nd year), **Nathaniel Hall** (Keisers' son-in-law, on vicarage), **Erik Preus** (vicarage), and **Thomas Malmstrom** (4th year).

For our catechumens: **Greta Bowser, Liana Johnson, Grace Libby, Joelene Royster, and Etta, William, and Eloise Spencer.**

For our college students: **Joanna Douthwaite, Erik Eidsmoe, Nathaniel Faunce, Ben Galloway, Ryan Hertel, Anna Kautz, Christie Keiser, Henry Magee, Caleb and Eli Malekzadeh, Emelyn Royster, Tristan Price, Joshua Vigil, Jocelyn Vondal, and David Yang.**

For those serving our country in the military: **Jacqueline Teixeira, Nathaniel Faunce, Juliana Wing, Zechariah Vigil, and John Boling and his son Daniel** (friends of Mickey).

Members and friends in prayer this week: **Jonathan, Viviana, Caleb, Eli, and Juliana Malekzadeh**

For all who have placed their hope and trust in the name of Your beloved Son, but especially for those Christians in Egypt, Syria, Iraq, Iran, Kenya, Sweden, Finland, the Sudan, and other countries, who endure serious and difficult persecution, even unto death.

For the Lord to bless **our mission church, Hope Lutheran Mission, in Purcellville, and our look into a possible Classical Lutheran School in central/western Fairfax County.**

+ + +

Remember to pray for our church officers, board members, and teachers:

President: Scott Killian
Vice President: Rob Douthwaite
Recording Secretary: Caroline Trundle
Treasurer: Logan Hansen
Financial Secretary: Dave Fields
Executive Board, Member-at-Large: John Schatz
Board of Elders: Jay Hertel (Chair), Scott Killian, Logan Hansen
Board of Evangelism and Outreach: Kathy Kielmeyer (Chair) and Nancy Nus
Church Technology Council: Michael O'Connor, Rob Douthwaite, Jay Hertel, and Jonathan Malekzadeh
Building Committee: Rob Douthwaite, Jay Hertel, Kathy Kielmeyer, and Scott Killian
Investment Committee: Logan Hansen and Scott Killian
Commission on Mercy: Grace Killian and Caroline Trundle
Sunday School Teachers: Scott and Grace Killian
Pastor's Assistant: Grace Killian

About this Sunday: Commemoration of Saint Luke, Evangelist
Order of Service: Divine Service 2 (page 167)

St. Luke, Evangelist

The Lord bids us to *pray to the Lord of the harvest to send forth laborers into His harvest* (Luke 10:2). The fields look more like *deserts*, filled with *jackals* (Isa. 35:6–7), and the Lord sends His laborers out *as lambs in the midst of wolves*. But Christ's Word of "*Peace*" *heals the sick* and brings the very *kingdom of God near* to those who hear it (Is 35:5; Luke 10:3–9). St. Luke, the beloved physician (Col. 4:14), *did the work of an evangelist*. He diligently prepared both a Gospel, the history of Christ's work in the flesh before His ascension, and the Acts of the Apostles, the history of His continued work among His Church. Luke and his Scriptures are a gift from this Ascended Lord (Eph. 4:8–12), written for Theophilus and for *all who love His appearing* (2 Tim. 4:5–8). Tradition suggests that Luke was one of the *seventy-two sent out ahead* of Jesus, *two by two*. Luke proved himself to be a faithful companion throughout St. Paul's missionary journeys, through many trials and crosses, and even to Rome, where he *alone was with Paul*.



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This Week at Saint Athanasius / Hope Lutheran Mission

TODAY	Executive Board, 12:00 Noon
Monday-Friday	Morning Prayer on the Web, 7:00 am
Monday October 19	Building Committee, 7:30 pm
Wednesday, October 21	Online Bible Study, 7:00 pm
	Evening Prayer @ PHC, 9:30 pm
Sunday, October 25	<i>The Festival of the Reformation</i>
	Youth Catechesis, 8:00 am
	Bible Class and Sunday School, 9:00 am
	Divine Service, 10:15 am
	Hope Lutheran Mission Divine Service, 2:00 pm

Next week's hymns: 656, 768, 948, 587, 954, 960, p. 198, 617, 865, 655, 666, 938, 824

Online Bible Study is on Wednesday at 7pm. What will we be studying, since we've finished up the Book of Acts? TBD! Join us and find out! Hope to see you then!

Next Sunday we will celebrate the Festival of the Reformation. Wear red!

Assist Pregnancy Center Vision Dinner: Sign up today! Our congregation is sponsoring a table at this annual banquet on Friday, October 30th. We want you to join us! Find out more about how we can support their work in saving babies, helping mothers, and strengthening families. Speak to Pastor, Grace Killian, or Caroline Trundle for more information or to reserve your seat.

Potluck Luncheons will be the first Sunday each month to give us some time to fellowship and eat together on a more regular basis. So please mark your calendars and plan to stay a bit on **Sunday, November 1st! For this month, bring an old treasured family recipe handed down to you!**

Life Thought: "Do not be silent. You have the most positive, powerful, life-giving, and life-affirming message in the universe! It is a message of love for every sinner, i.e., everyone! It is a message of forgiveness for everyone and every sin. It is a message of the certain hope of a paradise whose reality surpasses the most beautiful of words." *Rev. Dr. James I. Lamb, former Executive Director of Lutherans For Life – A Life Quote from Lutherans For Life • lutheransforlife.org*

A Lutheran View of Depression . . . October is National Depression Education and Awareness Month. You can listen to the audiobook, "I Trust When Dark My Road: A Lutheran View of Depression" by Pastor Todd Peperkorn at issuesetc.org/depression. This audiobook is produced by Lutheran Public Radio, Inc., based in Collinsville, IL. LPR, Inc. produces radio talk shows, podcasts, sacred music and talk stations, books, audiobooks, conferences, hymn recordings and videos.

Opportunity for Service: The Adventists don't have a lot of artwork in their building (okay, none!), but one way we try to beautify the church for our Divine Service is with banners. We have some really nice ones, but always are in need of more. Can you sew? Are you artistic? Making banners just might be the place for your talents! Pastor can provide more information.

Opportunity for Study: Every Monday-Friday morning at 7:00 Pastor leads "Morning Prayer on the Web," a time to start your day off in the Word of God and prayer. This is on our WebEx video conferencing service and lasts approximately 20 minutes. Luther once said that he was so busy that if he did not start his day in the Word of God and prayer, he would often not get back to it! You too? Join us here! Go to <saint-athanasius.org/WebExInstr.html> for more information on how to log on and join us, or speak to Pastor if you need more help.



Create cards to bring some cheer to a cancer patient. Be one of "**Phil's Friends!**" See Caroline Trundle for more information.

Mark Your Calendars!

Upcoming Events

October 25	Festival of the Reformation
October 30	Assist Pregnancy Center Vision Banquet
November 1	The Feast of All Saints "Old Treasured Family Recipe" Potluck Luncheon
November 14	Youth Group (and parent!) hike @ Hemlock Overlook Park, 9:00a
November 25	Eve of National Thanksgiving Divine Service
December 6	Annual Congregational Meeting and Luncheon