



## Saint Athanasius at Prayer

*A Guide for Daily Meditation and Prayer in the homes of our families.*

The Seventh Week of Easter †  
May 18-23, 2026

### 2025-26 School Year Theme Verse

*I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ.*

*~ Philippians 1:6*

This Week: *Alleluia! Christ is risen! He is risen indeed! Alleluia!* This week the Easter season comes to an end. We've had fifty days of joy in Jesus' resurrection. But our joy does not end with the end of the Easter season! For now Jesus will fulfill His promise to send the Holy Spirit in all His fullness on the Church. This happened on the day of Pentecost. We'll hear about how that happened - lots of cool and amazing things! But the Spirit isn't just about people doing cool and amazing things - the Spirit is all about Jesus! Making known all that Jesus did and leading people to faith in Jesus for their salvation. So the Spirit reveals our sin and the judgment against us to bring us to repentance, but then proclaims to us the full and free forgiveness of our sins in Jesus. That good news is living water to our thirsting souls! So even though the Easter season is coming to a close, the work and joy of Easter never does. For when Jesus comes again, we will enter into the *eternal* Easter, the joy of the resurrected and ascended Jesus in Heaven, and the Feast there that will have no end!

## The Order of Meditation and Prayer

*Pray and confess out loud as much from the order of meditation and prayer as you are able, or as your family size and ages permit. Learn by heart the verse and catechism for the week, as well as the theme verse (above) for the year.*

### Invocation

In the name of the Father and of the † Son and of the Holy Spirit. Amen.

### Confess the Apostles' Creed

*(Consult the "Companion Sheet" for the words of this Creed.)*

**Read Psalm 25:1-15** *(see next page)*

### Scripture for the Week to Read and Discuss

<b>Monday</b>	Psalm 25:1-15	<i>What do we ask the Lord <u>not</u> to remember? What do we want Him to remember? What causes Him to do both of these? What do we need instruction for? Why?</i>
<b>Tuesday</b>	Joel 3:1-5	<i>What promise does God give to His people - the people of Judah and Jerusalem? What will He do for them? What will He do to their enemies? Should this cause them (and us!) us to rejoice, repent, or both?</i>
<b>Wednesday</b>	Ezekiel 19:1-9	<i>How are the princes of Israel and the nations like lions? What were they doing? Who were they consuming? Jesus is called the "lion of Judah" – how is He different? What and who did <u>He</u> come to devour?</i>
<b>Thursday</b>	Numbers 11:24-30	<i>When the elders received the Spirit, what did they begin to do? Why? How does this event foreshadow what happened on Pentecost - the Spirit of one given to many?</i>
<b>Friday</b>	Acts 2:1-21	<i>What did God want everyone in Jerusalem that day to know and believe (v. 21)? What did He do to accomplish that? What was more important: how the disciples spoke or what they spoke? Why?</i>
<b>Saturday</b>	John 7:37-39	<i>What is the "living water" Jesus is talking about here? Where is it for us? How do we get it? What does it do for us?</i>

### Learn by Heart

Scripture: John 7:37b-38 – *"Jesus stood up and cried out, "If anyone thirsts, let him come to me and drink. Whoever believes in me, as the Scripture has said, 'Out of his heart will flow rivers of living water.'"*

Catechism: **The Sacrament of the Altar** - *What is the Sacrament of the Altar?* It is the true body and blood of our Lord Jesus Christ under the bread and wine, instituted by Christ Himself for us Christians to eat and to drink.

*Where is this written?* The holy Evangelists Matthew, Mark, Luke, and St. Paul write: Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said: “Take, eat; this is My body, which is given for you. This do in remembrance of Me.” In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying: “Drink of it, all of you; this cup is the new testament in My blood, which is shed for you for the forgiveness of sins. This do, as often as you drink it, in remembrance of Me.”

## Prayers

Collect for the Week: O God, on this day You once taught the hearts of Your faithful people by sending them the light of Your Holy Spirit. Grant us in our day by the same Spirit to have a right understanding in all things and evermore to rejoice in His holy consolation; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Pray for Liana and Ava

Pray for the Holy Spirit to strengthen your faith in Jesus everyday, and bring you and all people to the eternal Easter, the Feast of heaven, which will have no end.

Pray the Lord’s Prayer, and either the Morning or Evening Prayer.  
(Consult the “Companion Sheet” for the words of these prayers.)

## Psalm 25:1-15



- <sup>1</sup>To you, | O LORD,\*  
I lift | up my soul.
- <sup>2</sup>O my God, in you I trust;  
let me not be | put to shame;\*  
let not my enemies exult | over me.
- <sup>3</sup>Indeed, none who wait for you shall be | put to shame;\*  
they shall be ashamed who are wantonly | treacherous.
- <sup>4</sup>Make me to know your ways, | O LORD;\*  
teach me | your paths.
- <sup>5</sup>Lead me in your truth and teach me,  
for you are the God of my sal- | vation;\*  
for you I wait all the | day long.
- <sup>6</sup>Remember your mercy, O LORD, and your | steadfast love,\*  
for they have been | from of old.
- <sup>7</sup>Remember not the sins of my youth or my trans- | gressions;\*  
according to your steadfast love remember me,  
for the sake of your goodness, | O LORD!
- <sup>8</sup>Good and upright | is the LORD;\*  
therefore he instructs sinners | in the way.
- <sup>9</sup>He leads the humble in | what is right,\*  
and teaches the humble | his way.
- <sup>10</sup>All the paths of the LORD are steadfast love and | faithfulness,\*  
for those who keep his covenant and his testi- | monies.
- <sup>11</sup>For your name’s sake, | O LORD,\*  
pardon my guilt, for | it is great.
- <sup>12</sup>Who is the man who | fears the LORD?\*
- Him will he instruct in the way that | he should choose.

<sup>13</sup>His soul shall abide in well- | being,\*  
 and his offspring shall inher- | it the land.  
<sup>14</sup>The friendship of the LORD is for those who | fear him,\*  
 and he makes known to them his | covenant.  
<sup>15</sup>My eyes are ever | toward the LORD,\*  
 for he will pluck my feet out | of the net.  
 Glory be to the Father and | to the Son\*  
 and to the Holy | Spirit;  
 as it was in the be- | ginning,\*  
 is now, and will be forever. | Amen.

### Hymn for the Week: 497 Come, Holy Ghost, God and Lord

*(Go to our website for a link to the music to listen to and sing along with this hymn)*

1 Come, Ho - ly Ghost, God and Lord, With all Your grac - es  
 2 Come, ho - ly Light, guide di - vine, Now cause the Word of  
 3 Come, ho - ly Fire, com - fort true, Grant us the will Your

now out-poured On each be - liev - er's mind and heart;  
 life to shine. Teach us to know our God a - right  
 work to do And in Your ser - vice to a - bide;

Your fer - vent love to them im - part. Lord, by the  
 And call Him Fa - ther with de - light. From ev - 'ry  
 Let tri - als turn us not a - side. Lord, by Your

bright-ness of Your light In ho - ly faith Your Church u - nite;  
 er - ror keep us free; Let none but Christ our mas - ter be  
 pow'r pre - pare each heart, And to our weak-ness strength im - part

From ev - 'ry land and ev - 'ry tongue This to Your  
 That we in liv - ing faith a - bide, In Him, our  
 That brave - ly here we may con - tend, Through life and

praise, O Lord, our God, be sung: Al - le - lu - ia, al - le - lu - ia!  
 Lord, with all our might con - fide. Al - le - lu - ia, al - le - lu - ia!  
 death to You, our Lord, as - cend. Al - le - lu - ia, al - le - lu - ia!

## **Acknowledgments**

Liturgy sections from Lutheran Service Book

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